

FOOD PANTRIES IN NORTH DAKOTA

Prepared by:

ND Department of Commerce
Division of Community Services
Century Center
1600 E. Century Avenue, Suite 2
PO Box 2057
Bismarck, ND 58502-2057
Phone: (701) 328-5300
Fax: (701) 328-5320

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This list is also available on the DCS website:

<http://www.communityservices.nd.gov/LowIncome/food-pantries/>

Community Food and Nutrition funds were awarded to NDSU Extension Service to create a cookbook providing economical recipes and tips to stretch your budget. The “Steps to Healthy, Economical Meals” cookbook incorporates menu planning, food safety and provides suggestions on how to cook with foods such as dry milk, dried cranberries and venison. The cookbooks are being distributed by the Community Action Agencies, NDSU Extension, the Family Nutrition Program and the Extended Food and Nutrition Education Program, and are now on-line on the NDSU FoodWi\$e website: <http://www.ag.ndsu.edu/foodwise/recipes.htm>.

COMMUNITY ACTION AGENCIES

<p><u>REGION I (BRANCH OFFICE)</u></p> <p>Community Action Partnership 120 Washington Avenue Williston, ND 58801 Phone: 572-8191/Fax: 572-8192 <u>Region I Counties:</u> Divide, Williams, McKenzie</p>	<p><u>REGION V</u></p> <p>Southeastern ND Community Action Agency 3233 South University Fargo, ND 58104-6221 Phone: 232-2452/Fax: 298-3115 Toll Free: 1-800-726-7960 <u>Region V Counties:</u> Steele, Traill, Cass, Ransom Sargent, Richland</p>
<p><u>REGION II</u></p> <p>Community Action Partnership-Minot Region 2020 8th Avenue SE Minot, ND 58701-5035 Phone: 839-7221/Fax: 839-1747 Toll Free: 1-800-726-8645 <u>Region II Counties:</u> Burke, Renville, Mountrail, Ward, Bottineau, McHenry, Pierce</p>	<p><u>REGION VI</u></p> <p>Community Action Region VI, Inc. 1411 12th Avenue NE PO Box 507 Jamestown, ND 58402-0507 Phone: 252-1821/Fax: 252-7108 Toll Free: 1-800-726-8179 <u>Region VI Counties:</u> Wells, Foster, Griggs, Logan Stutsman, Barnes, LaMoure, McIntosh, Dickey</p>
<p><u>REGION III</u></p> <p>Dakota Prairie Community Action Agency 223 4th Street NE Devils Lake, ND 58301-2409 Phone: 662-6500/Fax: 662-6511 Toll Free: 1-800-321-5943 <u>Region III Counties:</u> Rolette, Towner, Benson Cavalier, Ramsey, Eddy</p>	<p><u>REGION VII</u></p> <p>Community Action Program Region VII, Inc. 2105 Lee Avenue Bismarck, ND 58504-6798 Phone: 258-2240/Fax: 258-2245 Toll Free: 1-800-223-0364 <u>Region VII Counties:</u> McLean, Mercer, Oliver, Morton, Grant, Sioux, Emmons, Kidder, Burleigh, Sheridan</p>
<p><u>REGION IV</u></p> <p>Red River Valley Community Action 1013 North 5th Street Grand Forks, ND 58203 Phone: 746-5431/Fax: 746-0406 Toll Free: 1-800-450-1823 <u>Region IV Counties:</u> Pembina, Walsh, Nelson, Grand Forks</p>	<p><u>REGION VIII</u></p> <p>Community Action Partnership 202 East Villard Dickinson, ND 58601-5247 Phone: 227-0131/Fax: 227-4750 Toll Free: 1-800-359-2243 <u>Region VIII Counties:</u> Golden Valley, Billings, Slope, Bowman, Hettinger, Adams, Stark, Dunn</p>

REGION I	
<p>Crosby Food Pantry Julie Unhjem & Shelby Jacobson (965-6321) 301 Main NE Crosby ND 58730 Ph: 965-6074</p>	<p>McKenzie County Food Pantry Marcia Hellandsaas PO Box 525 Watford City, ND 58854-0525 Ph: 444-3451</p>
<p>Salvation Army Pat Montgomery 15 Main Street Williston, ND 58801 Ph: 572-2921</p>	<p>Tioga Food Pantry Roxanna Uhlich 313 S. Torning Tioga, ND 58852 Ph: 664-2349</p>

REGION II	
<p>Bottineau Food Pantry Bill Young 118 11th St W Bottineau, ND 58318 Ph: 228-2001 1st Wednesday (10:00 am – 2:00 pm)</p>	<p>Bowbells Food Pantry Mary Lynne Jensen 215 Main St Bowbells ND 58721 Ph: 377-2946 2nd Tuesday (3:00 pm – 5:00 pm)</p>
<p>Burlington Community Food Pantry Sandy Burner 521 Davis Street Burlington, ND 58722 Ph: 852-3337 or 838-0256 or 258-2284 1st Monday (7:00 – 8:00 pm)</p>	<p>Glenburn Food Pantry Jan Hoiland 309 Main St Glenburn, ND 58740 Ph: 362-7530 4th Thursday (4:00 – 5:00 pm)</p>
<p>Kenmare Food Pantry Jane Kalmbach 401 N Central Kenmare, ND 58746 Ph: 385-4528 2nd Tuesday (11:00 am – 1:00 pm)</p>	<p>Lansford Food Pantry Lloyd Undlin 100 2nd Ave Lansford, ND 58750 Ph: 784-5851 1st Thursday (1:00– 2:00 pm)</p>
<p>The Lord's Cupboard Ada Lower 801 University Avenue W. Minot, ND 58703 Ph: 721-3371</p>	<p>McHenry County Food Pantry Elvera Dilley 302 Roosevelt Ave Granville, ND 58741 Ph: 728-6984 (home) or 728-6888 (work) 2nd Wednesday (2:30 – 5:00 pm)</p>
<p>Mountrail County Food Pantry Michelle Shefstad 505 7th Avenue SE Stanley, ND 58784 Ph: 628-1020 Mondays (1:00 – 3:30 pm)</p>	<p>Our Lady of Grace Church Joyce Sand 707 16th Ave SW Minot ND 58701 Ph: 839-5520 Monday-Tuesday & Thursday-Friday (1:00 – 4:00 pm)</p>

REGION II (Continued)	
<p>Parshall Food Pantry Karmon Taft 315 1st Street SE Parshall, ND 58770 Ph: 862-3682</p>	<p>Pierce County Food Pantry Vonnie Degenstein 1011 S Main Rugby, ND 58368 Ph: 776-5597 3rd Monday (7:00 – 8:00 pm)</p>
<p>Powers Lake Food Pantry Pastor Dan Paulson 208 2nd St SW Powers Lake, ND 58773 Ph: 464-5572 (church) – 464-5571 (phone) 240-2681 (cell) 3rd Wednesday (3:30 – 5:00 pm)</p>	<p>Salvation Army Food Pantry Major Don Kincaid 315 Western Avenue Minot, ND 58701 Ph: 838-8925 Monday-Friday (9:00 am - 12:00 pm & 1:00 - 4:00 pm)</p>
<p>Sandhills Community Food Pantry Susan Kongsli 2 Third Avenue SW Towner, ND 58788 Ph: 537-2007 3rd Wednesday (1:30 – 4:30 pm)</p>	<p>Sherwood Food Pantry Lamay Southam 121 Main Street Sherwood, ND 58782 Ph: 459-2747 3rd Wednesday (1:00 pm – 2:30 pm)</p>
<p>Velva Community Food Pantry Lynette Mart 400 N. Main Velva, ND 58790 Ph: 338-2143</p>	<p>Zion Food Pantry Verna Schoenburg 203 1st Ave NE Mohall, ND 58761 Ph: 756-6439</p>

REGION III	
<p>Benson County Food Pantry Barb Ambers 108 4th Street E., PO Box 186 Minnewaukan ND 58351 Ph: 473-5302 Ext. 18 Fax: 473-2511</p>	<p>Bdecan Presbyterian Food Pantry Sharon Georgeson 8397 34th Street NE Warwick, ND 58381 Ph: 766-1102</p>
<p>Cando Area Food Pantry David Benson 7557 56th Ave. NE Bisbee, ND 58317 Ph: 968-4496</p>	<p>Community Nourishment for Mind & Body Violet Smith 321 3rd Ave Tokio, ND 58379 Phone: 294-3012 Fax: 294-3072</p>
<p>Dakota Baptist Church Food Pantry Sara Young 602 Baptist Church Rd Ft. Totten, ND 58335 Ph: 766-4516</p>	<p>Dakota Prairie CAA Devils Lake Food Pantry Roxanne Barendt 223 4th Street NE Devils Lake ND 58301 Ph: 662-6500 Ext. 335 Fax: 662-6511</p>

REGION III (Continued)	
Dakota Prairie CAA Langdon Food Pantry 901 3 rd Street, Ste. 17 Langdon ND 58249 Phone & Fax: 256-3822	DPCAA Rolla Food Pantry Gemma Haberstroh 1104 Hwy. 5 West PO Box 1026 Rolla, ND 58367 Ph. & Fax: 477-6188
Dunseith Church of God Sandi Bean PO Box 433 Dunseith, ND 58329 Ph: 228-2056	Kiwanais Food Pantry Kent Braunberger 108 North 8 th Street New Rockford, ND 58356 Ph: 947-2911 Fax: 947-5211
Maddock Food Pantry North Viking Church Joann Bergrud PO Box 208 Maddock, ND 58348 Ph: 438-2222	Spirit Lake Ministry Center Mike & Libby Flowers 3365 81 st St. NE Sheyenne, ND 58374 Ph: 799-1174
Turtle Mountain Chippewa Food Pantry Jackie Giron PO Box 900 Belcourt, ND 58316 Ph: 477-0036	Turtle Mountain Food Pantry Roger or Marilyn Decoteau PO Box 1479 Belcourt, ND 58316 Ph: 477-6017 (church) – 477-6695 (home)

REGION IV	
Community Food Pantry Julie Ludwig PO Box 160 Northwood, ND 58267 Ph: 587-6000	Community Emergency Food Pantry Julie Ludwig 321 Towner Avenue Larimore, ND 58251 Ph: 343-6418
Grand Forks County Food Program Vicky Cichy, Director 5094 River Crest Road Grand Forks ND 58201 Ph: 772-7756	Meals on Wheels Wendy Wood C/O Altru Hospital 1200 South Columbia Road Grand Forks, ND 58203 Ph: 780-5169
Northland Rescue Mission Michelle Hayes 420 Division Avenue Grand Forks ND 58201 Ph: 772-6609	Pembina County Emergency Food Pantry Bonnie Deraas PO Box 452 Cavalier, ND 58220 Ph : 265-8441

REGION IV (Continued)	
Red River Valley Community Action Lloyd Fosse/Joyce Dahlen 322 State Ave. S. PO Box 148 Michigan, ND 58259 Ph: 259-2225	Red River Valley Community Action Julie Hovde Pembina County Ph: 352-0620
Red River Valley Community Action 1013 North 5 th Street Grand Forks, ND 58203 Ph: 746-5431	St. Vincent De Paul Joanne Brundin 620 8 th Ave. South Grand Forks, ND 58203 Ph: 795-8614
Salvation Army Lindy Beauchamp 1600 University Avenue Grand Forks ND 58203 Ph: 775-2597	Walsh County Food Pantry Grafton Ministerial Association Contact: Bev Dolan 344 15 th St W Grafton ND 58237 Ph: 352-1648

REGION V	
All Nations Food Pantry Pastor Paul Agamiri 108 3 rd Street E. West Fargo, ND 58078 Ph: 356-0602	Bosnian & Herzegovian Community Food Pantry Azem Elezovic 303 Roberts Street N. Fargo, ND 58102 Ph: 371-8999
Dorothy Day West Judy Cofell 2111 E. Main Ave. #16 West Fargo, ND 58078 Ph: 446-7440	Emergency Food Pantry Linda Clark 1438 10th Street N. PO Box 5363 Fargo, ND 58105 Ph: 237-9337
Family Worship Center Food Pantry Melodee Hooper 1419 17 th Street South Fargo, ND 58103 Ph: 235-0115	1 st Assembly of God Food Pantry Judy Kuehl 3401 S. 25 th Street Fargo, ND 58104 Ph: 232-0003
Hatton Helping Hand Jeri Fladeland 417 7 th Street Hatton, ND 58240 Ph: 543-4081	Hillsboro Kiwanis Food Pantry Rich Gehrke Hillsboro Armory Hillsboro, ND 58045 Ph: 436-5777

REGION V (Continued)	
Latter Rain Ministries Faith Dixon 1603 5 th Street N. Fargo, ND 58102 Ph: 232-4530	May-Port Food Pantry Fran Evanson 713 Helen Ave. Portland, ND 58274 Ph: 786-3733
New Life Center Dan Danielson Box 1067 1902 3 rd Ave. North Fargo ND 58107-1067 Ph: 235-4453	Peace Lutheran Church Dorothy Barlow 1011 12 th Avenue N. Fargo, ND 58102 Ph: 237-6453
Ransom County Food Pantry JoAnn Saxrud PO Box 106 Lisbon, ND 58054 Ph: 683-5661	Richland-Wilkin Food Pantry Karen Stroklund 699 8 th Ave. S. Wahpeton, ND 58075 Ph: 642-1921 or 642-5848
Rural Cass County Food Pantry Joann Rode PO Box 261 Casselton, ND 58012 Ph: 347-4147 (church)	Salvation Army Kay Way 304 Roberts Street Fargo ND 58102 Ph: 232-5565
Sargent County Food Pantry Brenda Peterson 355 Main Street Forman, ND 58032 Ph: 724-3300	SENDCAA Bonnie Greuel 3233 South University Drive Fargo, ND 58103 Ph: 232-2452
Steele County Food Pantry Stephen Dahl 201 Washington Ave. W. Finley ND 58230-0276 Ph: 524-2584	YWCA Food Pantry Karen Carlson 3000 S. University Drive Fargo, ND 58103 Ph: 232-3449

REGION VI	
Alpha Opportunities Deb Orr 1521 Business Loop E PO Box 824 Jamestown, ND 58402-0824 Ph: 252-0162 Ext. 11	Barnes County Food Pantry Jodi Elliott 139 2 nd Ave SE PO Box 298 Valley City, ND 58072 Ph: 845-4300 or 1-800-472-0031
Bread of Life Food Pantry Irene Mork 702 Foster Ave. NW Cooperstown, ND 58425 Ph: 797-2323	Carrington's Daily Bread Laura Irion/Jan Brakke 875 Main Street Carrington, ND 58421 Ph: 652-2333 <i>*Does not want to receive commodities</i>

REGION VI (Continued)	
Central Dakota Ministerial AL Attn: Joyce Meckle 1520 Advent St Harvey, ND 58341 Ph: 693-2838 Mailing address: PO Box 92 – Martin ND 58758	Charles German Ludden Guelph 106 3 rd Avenue Ludden, ND 58462 Ph: 783-4386 <i>*Commodity Distribution Only</i>
Community Action Region VI RaeAnn Kamlitz P.O. Box 507 Jamestown, ND 58402 Ph: 252-1821 or 1-800-726-8179	Edgeley Food Outreach Cindy Worrel PO Box 38 LaMoure, ND 58458 Ph: 883-3501 ext. 7
Ellendale Community Food Pantry Delbert Bertsch 308 1 st St. N. Ellendale, ND 58436 Ph: 349-3406 <i>* Took over Dickey County Commodities</i>	Evangeline Rooney PO Box 286 Oakes, ND 58474 Ph: 710-0910 <i>*Commodity Distribution Only</i>
Forbes Area Commodities Marilyn Wall 7847 98 th St. SE Forbes, ND 58439-9312 Ph: 357-7311 or 357-7331 <i>*Commodity Distribution Only</i>	Fredonia Area Commodities Janet Lauth 7471 Hwy. 56 Fredonia, ND 58440 Ph: 698-2215 <i>*Commodity Distribution Only</i>
Jolene Weisser, Auditor City of Ashley P.O. Box 97 Ashley, ND 58413 Ph: 288-3096 <i>*Commodity Distribution Only</i>	LaMoure County Food Pantry MaryAnne Bitz 9199 County Hwy. 35 SE Dickey, ND 58431 Ph: 778-7161
LaMoure County Social Services Cindy Worrel PO Box 38 LaMoure, ND 58458 Ph: 883-5301 Ext. 7 <i>*Commodity Distribution Only</i>	Lehr Lions James Ruff 121 Main St PO Box 67 Lehr, ND 58460 Ph: 378-2390
Logan County Social Services Maria Regner/Shainna Haas 301 Broadway Napoleon, ND 58561 Ph: 754-2283 <i>*Commodity Distribution Only</i>	Melissa Hall 1485 85 th Ave SE Kensal, ND 58455 Ph: 306-2290 <i>*Commodity Distribution Only</i>
Oakes Area Food Pantry Ethel Day 413 South 6 th Street Oakes, ND 58474 Ph: 742-2791	Pamela Henningsen 8143 86 th St. SE Monango, ND 58436 Ph: 396-7131 (Home) Ph: 344-6029 (Work) <i>*Commodity Distribution Only</i>

REGION VI (Continued)	
Phyllis Dotvenrod-Senior Ctr. Box 312 Kulm, ND 58456 Ph: 647-2258 (Office) <i>*Commodity Distribution Only</i>	Progress Community Center Allen Falk 428 2 nd St. SW PO Box 1833 Jamestown, ND 58401 Ph: 251-2964 (Work) Ph: 320-7029 (Cell)
Salvation Army Attn: Fran Geisler 320 1 st Avenue North Jamestown, ND 58402 Ph: 252-0290	Valley City Cares Rosie Larson 525 5 th Ave. SW Valley City, ND 58072 Ph: 845-0688
Virginia Haugen 9373 86 th SE Fullerton, ND 58441 Ph: 375-7161 <i>*Commodity Distribution Only</i>	Wishek Food Pantry Ellen Vetter 5 Centennial St S Wishek, ND 58495 Ph: 452-2686
Zeeland Food Pantry Neil Meidinger 2720 89 th Street SE Zeeland, ND 58581 Ph: 423-5648	

REGION VII	
Abundance of Grace Lois Wetzel 4209 Old Red Trail Rd. Mandan, ND 58554 Ph: 843-7968	<i>*Aid Incorporated</i> Amy Watson 314 W. Main Mandan, ND 58554 Ph: 663-1274
<i>*Aid Incorporated</i> Roxy or Dawn 404 Airport Road PO Box 3102 Bismarck, ND 58504 Ph: 223-9150	Bismarck Emergency Food Pantry Bethel Peterson/Jan Loos 725 Memorial Highway Bismarck, ND 58504
Carson Food Pantry-Grant County Barbara Hintz N. Main St. Carson ND 58529 Ph: 622-3256	Catholic Indian Mission Father Basil Atwell 1 Mission Dr. Fort Yates, ND 58538 Ph: 854-3473
Community Action Program Region VII, Inc. Karen Edwards – Nutrition Coordinator 2105 Lee Avenue Bismarck, ND 58504 Ph: 258-2240	Crystal River Ministry Brian or Brenda Lewis 2223 E. Rosser Avenue Bismarck, ND 58501 Ph: 258-1508

REGION VII (Continued)

<p>*Community Food Pantry - Glen Ullin–Morton Co. Marilyn Doll 309 Oak Ave Glen Ullin, ND 58631 Ph: 348-3246</p>	<p>Elgin Food Pantry Kelly Bachmeier 400 2nd Ave NE Elgin, ND 588533 Ph: 622-3275</p>
<p>Emmons County Food Pantry Rosemary Wolf PO Box 86 Linton, ND 58552 Ph: 254-4357</p>	<p>Faith Center Cecil Stanton 2303 E. Divide Ave. Bismarck, ND 58501 Ph: 751-2062</p>
<p>Golden Valley Food Pantry Deb Suelzle 21 E. Main St. PO Box 187 Golden Valley, ND 58541 Ph: 983-4543</p>	<p>Hazen Food Pantry-Mercer County Alvina Hagler 146 W Main Hazen, ND 58545 Ph: 748-2449</p>
<p>Helping Hand Food Pantry Cheri Wyatt 1826 8th Street N. Bismarck, ND 58501 Ph: 223-0332</p>	<p>*Kidder County Food Pantry & Farm Aid Foods Brenda Schultz 201 1st Ave NW Steele, ND 58482 Ph: 327-4488 (Cell 327-4488 – <i>Do Not Give Out To Clients</i>)</p>
<p>McClusky Food Pantry Ladora Schuschler PO Box 635 McClusky, ND 58463 Ph: 363-2636</p>	<p>Mercer Co. Women’s Area Katie Klindworth 200 12th St N PO Box 940 Beulah, ND 58523 Ph: 873-2274 Crisis Line: 873-2274</p>
<p>McLean Family Resource Center Sheila Vander Wal PO Box 506 Washburn, ND 58577 Ph: 462-8643 or 1-800-651-8643</p>	<p>New Leipzig Food Pantry/ Flasher Food Pantry Kelly Bachmeier 18 1st St SE New Leipzig, ND 58562 Carson, ND 58529 Ph: 471-4668</p>
<p>New Life Baptist Mission Sharon & Doyle Hall 7037 8th Avenue Cannonball, ND 58528 Ph: 854-3005</p>	<p>Oliver County Food Pantry Laverne Hoffman PO Box 202 Center, ND 58530</p>
<p>Salvation Army Helen Wynstrig 601 S. Washington St. PO Box 4205 Bismarck, ND 58502-4205 Ph: 223-1889</p>	<p>Stone Soup Kitchen Julie Huwe Ruth Meier’s Hospitality House 1800 East Broadway Bismarck, ND 58502 Ph: 222-2108</p>

REGION VII (Continued)	
<p>Welcome House Brenda Kriedeman 2910 E. Broadway #44 Bismarck, ND 58501 Ph: 751-1218</p>	
<p><i>*Center & McClusky only receives food quarterly from the Mobile Food Pantry sponsored by The Great Plains Food Bank</i> Contact: Missy S. – 701-232-6219</p>	<p>REGION VII MOBILE PANTRAY FOOD DROP SITES: Center – Oliver County Garrison – McLean County McClusky – Sheridan County</p>

REGION VIII	
<p>Adams County Food Pantry Cindy Hehn 606 2nd Avenue N. Hettinger ND 58639 Ph: 567-2967</p>	<p>Amen Food Pantry Contact: Barb Truchan Mailings: Marilyn Kessel PO Box 1231 Dickinson, ND 58601 Ph: 483-0171</p>
<p>Amidon Food Pantry Patsy Getz or Linda Narum PO Box 506 Amidon, ND 58620 Ph: 879-6268</p>	<p>Beach Food Pantry Pastor Warren Maxted 68 SE 1st St Beach, ND 58621 Ph: 872-3708 (Home) Cell 218-0888</p>
<p>Belfield Food Pantry Doris Urban 506 2nd Ave NE Belfield ND 58622 Ph: 575-4405</p>	<p>Bowman Comm. Cupboard Meredith Bagley PO Box 534 Bowman ND 58623 Ph: 523-3249</p>
<p>Dunn County Social Services Norma Nodland 215 Central Ave N Killdeer, ND 58640 Ph: 764-5385</p>	<p>Marmarth Community Food Pantry Patti Perry 202 N. Main Marmarth, ND 58643 Ph: 279-6996</p>
<p>Mott Food Pantry Connie Haberstroh 212 Iowa Ave Mott, ND 58646 Ph: 824-3209</p>	<p>New England Open Door Richard Hegge 1342 1st Ave. West New England, ND 58647 Ph: 579-5077</p>
<p>St. Wenceslaus Church Mary Gores 505 3rd St E Dickinson, ND 58601 Ph: 225-3164</p>	<p>Welcome Table Soup Kitchen Darlene Brudvig 1549 Empire Road Dickinson, ND 58601 Ph: 483-2294</p>