FOOD PANTRIES
IN
NORTH DAKOTA

Prepared by:

ND Department of Commerce
Division of Community Services
Century Center
1600 E. Century Avenue, Suite 2
PO Box 2057
Bismarck, ND 58502-2057
Phone: (701) 328-5300
Fax: (701) 328-5320

Updated April 10, 2013

This list is also available on the DCS website: http://www.communityservices.nd.gov/LowIncome/food-pantries/

Community Food and Nutrition funds were awarded to NDSU Extension Service to create a cookbook providing economical recipes and tips to stretch your budget. The "Steps to Healthy, Economical Meals" cookbook incorporates menu planning, food safety and provides suggestions on how to cook with foods such as dry milk, dried cranberries and venison. The cookbooks are being distributed by the Community Action Agencies, NDSU Extension, the Family Nutrition Program and the Extended Food and Nutrition Education Program, and are now on-line on the NDSU FoodWi$e website:

http://www.ag.ndsu.edu/foodwise/recipes.htm.

COMMUNITY ACTION AGENCIES	
REGION I (BRANCH OFFICE) Community Action Partnership 120 Washington Avenue Williston, ND 58801 Phone: 572-8191/Fax: 572-8192 Region I Counties: Divide, Williams, McKenzie	**REGION V** Southeastern ND Community Action Agency 3233 South University Fargo, ND 58104-6221 Phone: 232-2452/Fax: 298-3115 Toll Free: 1-800-726-7960 Region V Counties: Steele, Traill, Cass, Ransom Sargent, Richland
REGION II Community Action Partnership-Minot Region 2020 8th Avenue SE Minot, ND 58701-5035 Phone: 839-7221/Fax: 839-1747 Toll Free: 1-800-726-8645 Region II Counties: Burke, Renville, Mountrail, Ward, Bottineau, McHenry, Pierce	**REGION VI** Community Action Region VI, Inc. 1411 12th Avenue NE PO Box 507 Jamestown, ND 58402-0507 Phone: 252-1821/Fax: 252-7108 Toll Free: 1-800-726-8179 Region VI Counties: Wells, Foster, Griggs, Logan Stutsman, Barnes, LaMoure, McIntosh, Dickey
REGION III Dakota Prairie Community Action Agency 223 4th Street NE Devils Lake, ND 58301-2409 Phone: 662-6500/Fax: 662-6511 Toll Free: 1-800-321-5943 Region III Counties: Rolette, Towner, Benson Cavalier, Ramsey, Eddy	**REGION VII** Community Action Program Region VII, Inc. 2105 Lee Avenue Bismarck, ND 58504-6798 Phone: 258-2240/Fax: 258-2245 Toll Free: 1-800-223-0364 Region VII Counties: McLean, Mercer, Oliver, Morton, Grant, Sioux, Emmons, Kidder, Burleigh, Sheridan
REGION IV Red River Valley Community Action 1013 North 5th Street Grand Forks, ND 58203 Phone: 746-5431/Fax: 746-0406 Toll Free: 1-800-450-1823 Region IV Counties: Pembina, Walsh, Nelson, Grand Forks	**REGION VIII** Community Action Partnership 202 East Villard Dickinson, ND 58601-5247 Phone: 227-0131/Fax: 227-4750 Toll Free: 1-800-359-2243 Region VIII Counties: Golden Valley, Billings, Slope, Bowman, Hettinger, Adams, Stark, Dunn

REGION I	
Crosby Food Pantry Julie Unhjem Ph: 965-6074 Shelby Jacobson Ph 965-6321 PO Box 266 Crosby ND 58730 Ph: 965-6074	McKenzie County Food Pantry Marcia Hellandsaus PO Box 525 Watford City, ND 58854-0525 Ph: 444-3451
Salvation Army Pat Montgomery PO Box 417 Williston, ND 58801 Ph: 572-2921 patricia_montgomery@usc.salvationarmy.org Hours: M-F, 10:00am - 2:00pm	Tioga/Stanley Food Pantry Roxanna Uhlich PO Box 815 Tioga, ND 58852 Ph: 664-2349 or 664-1492 druhlich@yahoo.com Food Pantry Address: 313 S. Torning (lower level, northeast door)

REGION II	
Bottineau Food Pantry Bill Young 118 11th St W Bottineau, ND 58318 Ph: 228-2001 1st Wednesday (10:00 am – 2:00 pm)	Bowbells Food Pantry Mary Lynne Jensen 215 Main St Bowbells ND 58721 Ph: 377-2946 2nd Tuesday (3:00 pm – 5:00 pm)
Burlington Community Food Pantry Sandy Burner 521 Davis Street Burlington, ND 58722 Ph: 852-3337 or 838-0256 or 258-2284 1st Monday (7:00 – 8:00 pm)	Glenburn Food Pantry Jan Hoiland 309 Main St Glenburn, ND 58740 Ph: 362-7530 4th Thursday (4:00 – 5:00 pm)
Kenmare Food Pantry Jane Kalmbach 401 N Central Kenmare, ND 58746 Ph: 385-4528 2nd Tuesday (11:00 am – 1:00 pm)	Lansford Food Pantry Lloyd Undlin 100 2nd Ave Lansford, ND 58750 Ph: 784-5851 1st Thursday (1:00– 2:00 pm)
The Lord's Cupboard Ada Lower 801 University Avenue W. Minot, ND 58703 Ph: 721-3371	McHenry County Food Pantry Elvera Dilley 302 Roosevelt Ave Granville, ND 58741 Ph: 728-6984 (home) or 728-6888 (work) 2nd Wednesday (2:30 – 5:00 pm)
Mountrail County Food Pantry Michelle Shefstad 505 7th Avenue SE Stanley, ND 58784 Ph: 628-1020 Mondays (1:00 – 3:30 pm)	Our Lady of Grace Church Joyce Sand 707 16th Ave SW Minot ND 58701 Ph: 839-5520 Monday-Tuesday & Thursday-Friday (1:00 – 4:00 pm)
Parshall Food Pantry Karmon Taft 315 1st Street SE Parshall, ND 58770 Ph: 862-3682	Pierce County Food Pantry Vonnie Degenstein 1011 S Main Rugby, ND 58368 Ph: 776-5597 3rd Monday (7:00 – 8:00 pm)
Powers Lake Food Pantry Pastor Dan Paulson 208 2nd St SW Powers Lake, ND 58773 Ph: 464-5572 (church) – 464-5571 (phone) 240-2681 (cell) 3rd Wednesday (3:30 – 5:00 pm)	Salvation Army Food Pantry Major Don Kincaid 315 Western Avenue Minot, ND 58701 Ph: 838-8925 Monday-Friday (9:00 am - 12:00 pm & 1:00 - 4:00 pm)

REGION II (Continued)	
Sandhills Community Food Pantry Susan Kongslie 2 Third Avenue SW Towner, ND 58788 Ph: 537-2007 3rd Wednesday (1:30 – 4:30 pm)	Sherwood Food Pantry Lamay Southam 121 Main Street Sherwood, ND 58782 Ph: 459-2747 3rd Wednesday (1:00 pm – 2:30 pm)
Velva Community Food Pantry Lynette Mart 400 N. Main Velva, ND 58790 Ph: 338-2143	Zion Food Pantry Verna Schoenburg 203 1st Ave NE Mohall, ND 58761 Ph: 756-6439

REGION III	
Benson County Food Pantry Barb Ambers 108 4th Street E., PO Box 186 Minnewaukan ND 58351 Ph: 473-5302 Ext. 18 Fax: 473-2511	Bdecan Presbyterian Food Pantry Wood Lake, ND c/o Pastor Kevin Kaufman 501 5th St. NE Devils Lake, ND 58301 Ph: 701-662-3584
Cando Area Food Pantry Pastor Bonnie Weaver 304 5th Ave. PO Box 576 Cando, ND 58324 Ph: 968-3105	Community Nourishment for Mind & Body Violet Smith 321 3rd Ave - PO Box 226 Tokio, ND 58379 Phone: 294-3012 Fax: 294-3072
Dakota Baptist Church Food Pantry Sara Young 132 Hwy 57 PO Box 395 Ft. Totten, ND 58335 Ph: 766-4516	Dakota Prairie CAA Devils Lake Food Pantry Julie Hovde 223 4th Street NE Devils Lake ND 58301 Ph: 662-6500 Ext. 335 Fax: 662-6511
Cavalier County Food Pantry Kathy Downs or Karen Hansel c/o Cavalier County Emergency Food Pantry PO Box 630 Langdon ND 58249 Phone: 701-256-72175	DPCAA Rolla Food Pantry Gemma Haberstroh 1104 Hwy. 5 West PO Box 1026 Rolla, ND 58367 Ph. & Fax: 477-6188
Anishinbe Church of God Sandi Bean PO Box 433 Dunseith, ND 58329 Ph: 228-2056	Dunseith Food Pantry Rev. John Hesford 315 Main St. - PO Box 279 New Rockford, ND 58356 Ph: 701-246-3266
Maddock Food Pantry North Viking Church Joann Bergrud PO Box 208 Maddock, ND 58348 Ph: 438-2222	Spirit Lake Ministry Center Mike & Libby Flowers 3365 81st Ave.. NE Sheyenne, ND 58374 Ph: 799-1174
Turtle Mountain Chippewa Food Pantry Jackie Giron PO Box 900 Belcourt, ND 58316 Ph: 477-0036	Turtle Mountain Food Pantry Roger or Marilyn Decoteau PO Box 1206 Belcourt, ND 58316 Ph: 477-6017 (church) – 477-6695 (home)
Hunger Free Food Pantry Amy Perleberg First Lutheran Church 436 1st Ave. N. New Rockford, ND 58356 Ph: 701-947-2478	

REGION IV	
Community Food Pantry PO Box 160 Northwood, ND 58267 Ph: 587-6000	Community Emergency Food Pantry Jo Ann Knudson 3184 22nd A venue NE Arvilla, ND 58214 Ph: 343-2813 Cell: 701-779-3912
Grand Forks County Food Program Vicky Cichy, Director 5094 River Crest Road Grand Forks ND 58201 Ph: 772-7756	Meals on Wheels Wendy Wood C/O Altru Hospital 1200 South Columbia Road Grand Forks, ND 58203 Ph: 780-5169
Northland Rescue Mission Michelle Hayes 420 Division Avenue Grand Forks ND 58201 Ph: 772-6609	Pembina County Emergency Food Pantry Bonnie Deraas PO Box 452 Cavalier, ND 58220 Ph : 265-8441
Red River Valley Community Action Lloyd Fosse/Joyce Dahlen 322 State Ave. S. PO Box 148 Michigan, ND 58259 Ph: 259-2225	Pembina County Meals & Transportation Tina Brevik PO Box 9 Drayton, ND 58225 Ph: 454-6586
Red River Valley Community Action Terry Steinke 1013 North 5th Street Grand Forks, ND 58203 Ph: 746-5431	St. Joseph's Social Care Joanne Brundin 620 8th Ave. South Grand Forks, ND 58203 Ph: 795-8614
Salvation Army Lindy Beauchamp 1600 University Avenue Grand Forks ND 58203 Ph: 775-2597	Walsh County Food Pantry Grafton Ministerial Association Contact: Bev Dolan 344 15th St W Grafton ND 58237 Ph: 352-1648

REGION V	
All Nations Food Pantrynew Pastor Paul Agamiri 108 3rd Street E. West Fargo, ND 58078 Ph: 356-0602	Bosnian & Herzegovian Community Food Pantry Azem Elezovic 303 Roberts Street N. Fargo, ND 58102 Ph: 371-8999
Dorothy Day West Judy Cofell 2111 E. Main Ave. #16 West Fargo, ND 58078 Ph: 446-7440	Emergency Food Pantry Linda Clark 1104 4th Ave North PO Box 5363 Fargo, ND 58105 Ph: 237-9337
Family Worship Center Food Pantry Melodee Hooper 1419 17th Street South Fargo, ND 58103 Ph: 235-0115	1st Assembly of God Food Pantry Judy Kuehl 3401 S. 25th Street Fargo, ND 58104 Ph: 232-0003
Hatton Helping Hand Jeri Fladeland 417 7th Street Hatton, ND 58240 Ph: 543-4081	Hillsboro Kiwanis Food Pantry Rich Gehrke Hillsboro Armory Hillsboro, ND 58045 Ph: 436-5777
Latter Rain Ministries Faith Dixon 1603 5th Street N. Fargo, ND 58102 Ph: 232-4530	May-Port Food Pantry Meghan Derksen 713 Helen Ave. Portland, ND 58274 Ph: 430-9192
New Life Center Dan Danielson Box 1067 1902 3rd Ave. North Fargo ND 58107-1067 Ph: 235-4453	Peace Lutheran Church Dorothy Barlow 1011 12th Avenue N. Fargo, ND 58102 Ph: 237-6453
Ransom County Food Pantry Yvonne Dahlgren PO Box 106 Lisbon, ND 58054 Ph: 683-4045	Richland-Wilkin Food Pantry Karen Stroklund 699 8th Ave. S. Wahpeton, ND 58075 Ph: 642-1921 or 642-5848
Rural Cass County Food Pantry Joann Rode PO Box 261 Casselton, ND 58012 Ph: 347-4147 (church)	Salvation Army (MEALS ONLY) Tai Leathers 304 Roberts Street Fargo ND 58102 Ph: 232-5565

REGION V (Continued)	
Sargent County Food Pantry 355 Main Street Forman, ND 58032 Ph: 724-3300	SENDCAA Bonnie Greuel 3233 South University Drive Fargo, ND 58103 Ph: 232-2452
Steele County Food Pantry Sheila Oye 201 Washington Ave. W. Finley ND 58230-0276 Ph: 524-2584	YWCA Food Pantry Rachel Stone 3000 S. University Drive Fargo, ND 58103 Ph: 232-3449

REGION VI	
Alpha Opportunities Deb Orr 1521 Business Loop E PO Box 824 Jamestown, ND 58402-0824 Ph: 252-0162 Ext. 11	Barnes County Food Pantry Jodi Elliott 139 2nd Ave SE PO Box 298 Valley City, ND 58072 Ph: 845-4300 or 1-800-472-0031
Bread of Life Food Pantry Irene Mork 702 Foster Ave. NW Cooperstown, ND 58425 Ph: 797-2323	Carrington's Daily Bread Laura Irion/Jan Brakke 875 Main Street Carrington, ND 58421 Ph: 652-2333 **Does not want to receive commodities*
Central Dakota Ministerial AL Attn: Marilee Kline 1520 Advent St - PO Box 31 Harvey, ND 58341 Ph: 693-2838 Mailing address: PO Box 92 – Martin ND 58758	Charles German Ludden Guelph 106 3rd Avenue Ludden, ND 58462 Ph: 783-4386 **Commodity Distribution Only*
Community Action Region VI Sarah Oberlander P.O. Box 507 Jamestown, ND 58402 Ph: 252-1821 or 1-800-726-8179	Edgeley Food Outreach Cindy Worrel PO Box 38 LaMoure, ND 58458 Ph: 883-3501 ext. 7
Ellendale Community Food Pantry Delbert Bertsch 308 1st St. N. Ellendale, ND 58436 Ph: 349-3406 ** Took over Dickey County Commodities*	Evangeline Rooney PO Box 286 Oakes, ND 58474 Ph: 710-0910 **Commodity Distribution Only*
Forbes Area Commodities Marilyn Wall 7847 98th St. SE Forbes, ND 58439-9312 Ph: 357-7311 or 357-7331 **Commodity Distribution Only*	Fredonia Area Commodities Janet Lautt 7471 Hwy. 56 Fredonia, ND 58440 Ph: 698-2215 **Commodity Distribution Only*
Jolene Weisser, Auditor City of Ashley P.O. Box 97 Ashley, ND 58413 Ph: 288-3096 **Commodity Distribution Only*	LaMoure County Food Pantry MaryAnne Bitz 9199 County Hwy. 35 SE Dickey, ND 58431 Ph: 778-7161

REGION VI (Continued)	
LaMoure County Social Services Cindy Worrel PO Box 38 LaMoure, ND 58458 Ph: 883-5301 Ext. 7 **Commodity Distribution Only*	Lehr Lions James Ruff 121 Main St PO Box 67 Lehr, ND 58460 Ph: 378-2390
Logan County Social Services Maria Regner/Shainna Haas 301 Broadway Napoleon, ND 58561 Ph: 754-2283 **Commodity Distribution Only*	Melissa Hall 1485 85th Ave SE Kensal, ND 58455 Ph: 306-2290 **Commodity Distribution Only*
Oakes Area Food Pantry Ethel Day 413 South 6th Street Oakes, ND 58474 Ph: 742-2791	Pamela Henningsen 8143 86th St. SE Monango, ND 58436 Ph: 396-7131 (Home) Ph: 344-6029 (Work) **Commodity Distribution Only*
Phyllis Dotvenrod-Senior Ctr. Box 312 Kulm, ND 58456 Ph: 647-2258 (Office) **Commodity Distribution Only*	Progress Community Center Allen Falk 428 2nd St. SW PO Box 1833 Jamestown, ND 58401 Ph: 251-2964 (Work) Ph: 320-7029 (Cell)
Salvation Army Attn: LeAnna Brown 320 1st Avenue North Jamestown, ND 58402 Ph: 252-0290	Valley City Cares Rosie Larson 525 5th Ave. SW Valley City, ND 58072 Ph: 845-0688
Virginia Haugen 9373 86th SE Fullerton, ND 58441 Ph: 375-7161 **Commodity Distribution Only*	Wishek Food Pantry Ellen Vetter 5 Centennial St S Wishek, ND 58495 Ph: 452-2686
Zeeland Food Pantry Neil Meidinger 2720 89th Street SE Zeeland, ND 58581 Ph: 423-5648	Barnes County Food Pantry Jodi Elliott 139-2nd Ave SE - PO Box 298 Valley City, ND 58072 Ph: 845-4300

REGION VII	
Abundance of Grace Lois Wetzel 4209 Old Red Trail Rd. Mandan, ND 58554 Ph: 843-7968	*Aid Incorporated Amy Watson 314 W. Main Mandan, ND 58554 Ph: 663-1274
Carson Food Pantry-Grant County Barbara Hintz N. Main St. Carson ND 58529 Ph: 622-3256	Bismarck Emergency Food Pantry Bethel Peterson/Jan Loos 725 Memorial Highway Bismarck, ND 58504
Community Action Program Region VII, Inc. 2105 Lee Avenue Bismarck, ND 58504 Ph: 258-2240	Catholic Indian Mission Father Basil Atwell 1 Mission Dr. Fort Yates, ND 58538 Ph: 854-3473
*Community Food Pantry - Glen Ullin–Morton Co. Marilyn Doll 309 Oak Ave Glen Ullin, ND 58631 Ph: 348-3246	Crystal River Ministry Brian or Brenda Lewis 2223 E. Rosser Avenue Bismarck, ND 58501 Ph: 258-1508
Emmons County Food Pantry Rosemary Wolf PO Box 86 Linton, ND 58552 Ph: 254-4357	Elgin Food Pantry Kelly Bachmeier 400 2nd Ave NE Elgin, ND 588533 Ph: 622-3275
Golden Valley Food Pantry Deb Suelzle 21 E. Main St. PO Box 187 Golden Valley, ND 58541 Ph: 983-4543	Faith Center Cecil Stanton 2303 E. Divide Ave. Bismarck, ND 58501 Ph: 751-2062
Helping Hand Food Pantry Cheri Wyatt 1826 8th Street N. Bismarck, ND 58501 Ph: 223-0332	Hazen Food Pantry-Mercer County Alvina Hagler 146 W Main Hazen, ND 58545 Ph: 748-2449
McClusky Food Pantry Ladora Schuschler PO Box 635 McClusky, ND 58463 Ph: 363-2636	*Kidder County Food Pantry & Farm Aid Foods Brenda Schultz 201 1st Ave NW Steele, ND 58482 Ph: 327-4488 (Cell 327-4488 – *Do Not Give Out To Clients*)

REGION VII (Continued)	
McLean Family Resource Center Sheila Vander Wal PO Box 506 Washburn, ND 58577 Ph: 462-8643 or 1-800-651-8643	Mercer Co. Women's Area Katie Klindworth 200 12th St N PO Box 940 Beulah, ND 58523 Ph: 873-2274 Crisis Line: 873-2274
New Life Baptist Mission Sharon & Doyle Hall 7037 8th Avenue Cannonball, ND 58528 Ph: 854-3005	New Leipzig Food Pantry/ Flasher Food Pantry Kelly Bachmeier 18 1st St SE New Leipzig, ND 58562 Carson, ND 58529 Ph: 471-4668
Salvation Army Helen Wynstrig 601 S. Washington St. PO Box 4205 Bismarck, ND 58502-4205 Ph: 223-1889	Oliver County Food Pantry Laverne Hoffman PO Box 202 Center, ND 58530
Welcome House Brenda Kriedeman 2910 E. Broadway #44 Bismarck, ND 58501 Ph: 751-1218	Stone Soup Kitchen Julie Huwe Ruth Meier's Hospitality House 1800 East Broadway Bismarck, ND 58502 Ph: 222-2108
**Center & McClusky only receives food quarterly from the Mobile Food Pantry sponsored by The Great Plains Food Bank* Contact: Missy S. – 701-232-6219	REGION VII MOBILE PANTRY FOOD DROP SITES: Center – Oliver County Garrison – McLean County McClusky – Sheridan County

REGION VIII	
Adams County Food Pantry Cindy Hehn 606 2nd Avenue N. Hettinger ND 58639 Ph: 567-2967	Amen Food Pantry Contact: AJ Hitchcock Mailings: Marilyn Kessel PO Box 1231 Dickinson, ND 58601 Ph: 225-3022
Amidon Food Pantry Linda Narum PO Box 506 Amidon, ND 58620 Ph: 640-4850	Beach Food Pantry Pastor Warren Maxted 68 SE 1st St Beach, ND 58621 Ph: 872-3708 (Home) Cell 218-0888
Belfield Food Pantry Doris Urban 506 2nd Ave NE Belfield ND 58622 Ph: 575-4405	Bowman Comm. Cupboard Tammy Hofland 904 3rd St NW Bowman ND 58623 Ph: 523-3249
Dunn County Social Services Norma Nodland 215 Central Ave N Killdeer, ND 58640 Ph: 764-5385	Marmarth Community Food Pantry Denise Tiedemann 202 N. Main Marmarth, ND 58643 Ph: 279-6996
Mott Food Pantry Connie Haberstroh 212 Iowa Ave Mott, ND 58646 Ph: 824-3209	New England Open Door Richard Hegge 1342 1st Ave. West New England, ND 58647 Ph: 579-5077
St. Wenceslaus Church Mary Gores 505 3rd St E Dickinson, ND 58601 Ph: 225-3164	Welcome Table Soup Kitchen Darlene Brudvig 1549 Empire Road Dickinson, ND 58601 Ph: 483-2294