



# DISCOVERY

VOLUME 25 ISSUE 1

SPRING 2020

## Farewell from Sue Hammer-Schneider

2020 has been a year of unprecedented change for people all over the world, and my life is changing as well. After 14 years in the Talking Book department, I will retire on June 30th. During my tenure, I've had the privilege to experience a number of exciting technological advances. Talking Book machines have morphed from cassette players to digital players. Staff can now put more than one book on a cartridge, and patrons also can download books to their smart devices. Each new step has been enjoyable and rewarding, but I am looking forward to pursuing many other interests more freely.

I want to travel more with my husband, spend more time with our grandchildren, work in my garden, read more, and take more time to be with family and friends. I will miss being a part of the Talking Book Program. I love this service, and I believe it's a kind of ministry, too. I work with an amazing staff that has made coming to the office each day a lot of fun. I will also miss talking to the patrons and working with the volunteers. I want to thank everyone for the last 14 years. I will never forget the people I had the opportunity to meet while working with this program. So, like Bob Hope always said, "Thanks for the memories." Stay safe and healthy!

## Volunteers Make the World Go Round

Each year, we honor and thank our volunteers for the gift of the time and talents they share with the Talking Book Library. Given the current situation with the Coronavirus, we will not be hosting the annual volunteer recognition luncheon this year. Each volunteer is honored with a certificate of achievement and a gift card to a local restaurant to thank them for their service. Here is a list of volunteers and the cumulative hours they have given over the years.

<b>Laura Anhalt</b>	<b>315</b>	<b>Sharon Johnson</b>	<b>234</b>	<b>Lida Mallory</b>	<b>176</b>
<b>Jan Bond</b>	<b>1783</b>	<b>Annette Kary</b>	<b>62</b>	<b>Tonya Moe</b>	<b>753</b>
<b>Judith Hammer</b>	<b>1120</b>	<b>Gus Lindgren</b>	<b>617</b>	<b>Nanc Skaret</b>	<b>100</b>

"You make a living by what you get. You make a life by what you give." Thank you, volunteers!

## We Don't Want You to Be Left Without a Book

The coronavirus has put a stop to a lot of the activities we used to enjoy. Fortunately, that doesn't include reading, and there's no better time than now to enjoy the company of a good book. The Talking Book Program allots a maximum of five cartridges for each patron. Many patrons receive multiple books on each cartridge, keeping them well-stocked with reading material. But there are some patrons who only receive one book per cartridge and when mail delivery is slow, that can leave them empty-handed from time to time. If you are only getting one book per cartridge, you may want to consider adding a few extra. Accessing each book is simple. When you get to the end of a book, your machine will prompt you to press the big, green play/stop button and instantly take you to the next book. We'd also like to remind you to return each cartridge as soon as you are finished listening to it. You will only get a new book cartridge when you return what you currently have. Promptly returning your cartridges will keep books flowing back and forth more quickly. If you are not getting the maximum number of cartridges and would like to receive more, or if you would like to have more books on a cartridge, please call us at 1-800-843-9948 or email us at [tbooks@nd.gov](mailto:tbooks@nd.gov). Our staff will be happy to assist you!

The Talking Book staff wants to thank you for the concern you showed for our department during the COVID-19 pandemic and acknowledge your appreciation of our efforts to continue circulating books. We are happy that we have been able to send books to our patrons and were not forced to close like many Talking Book libraries around the country.

### InfoEyes Librarians Are Here To Help You

InfoEyes is a question and answer service provided by librarians at braille and talking book libraries to people with visual or other print limitations. InfoEyes is a cooperative project in which NLS network librarians from four states, Massachusetts, Minnesota, Maryland, and Washington, work together to respond to patrons' questions over the internet.

Anyone with a computer and an internet connection can visit the InfoEyes website at [www.InfoEyes.org](http://www.InfoEyes.org). Upon accessing the site, visitors may ask a question by email. To email a question, select that link on the web page, enter your email address and question, and select the "Ask" button. The InfoEyes librarians welcome reference questions on any topic, whether to fill informational needs for school or work, or simply to satisfy your curiosity.

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## **Wanted – Unused Playback Machines**

If you have a player that you are not using, please send it back to the Talking Book Library so we can pass it on to another person.

### **Loaning Materials and Equipment to Others**

The materials and equipment that patrons check out from Talking Books are assigned to an individual account. Each patron is responsible for taking care of and keeping track of these items. Materials include digital and large print books, audio Bibles and audio magazines. Equipment includes digital players and headphones.

Equipment and materials sent to our patrons are the property of the United States Federal Government (Library of Congress). They are loaned to patrons of the Talking Book Program. Equipment and books should never be loaned to others, thrown away, sold or donated to charities such as Goodwill.

Sharing items among patrons is discouraged for several reasons. First, materials are easily misplaced or lost. It is also very easy to forget who you loaned items to. Second, if you share materials with other Talking Book patrons, your ability to have any more items sent out is negatively affected. Items are still on the original account until they are checked in by us.

If you want to recommend a title to a friend who is a Talking Book patron, have them call and order their own copy. Do not loan the copy you have. Patrons who need a copy of the Bible can call us, and we will send them one. Also, please remember that individuals who are not registered Talking Book patrons cannot use any of our books or equipment.

### **Cartridges Now Available For Patrons to Download Books**

The Talking Book Library can now loan patrons one cartridge and a cartridge cable to download books from BARD. If interested, please call the library at 1-800-843-9948 or email at [tbooks@nd.gov](mailto:tbooks@nd.gov).

**1-800-843-9948 • 701-328-1408 • [tbooks@nd.gov](mailto:tbooks@nd.gov)**

## Getting Started With BARD

Our free book download system, BARD, puts our full collection of audio books at your fingertips. If you have a smart phone or a tablet and haven't downloaded the BARD Mobile app, this is the perfect time!

Layout of the app:

- 1) Bookshelf- This contains the books you have downloaded.
- 2) Get books- Contains wish list, recently to BARD, previous downloads, most popular books, browse magazines, and the BARD website.
- 3) Settings- Audio settings, display settings, and user account settings
- 4) Now reading – This is where you can play the books that you've downloaded. The screen is set up like a mini version of the digital talking book player.

Tips and Tricks:

In the settings, under audio settings, turn the "Background Playback" on so your device does not have to stay open and run the battery down while you listen to a book. If a book doesn't play all the way through or there's an error message, there are two options that will usually get you back on track. One option is to completely shut down the app and bring it back up, or you can delete the book and re-download it from the "Previous Downloads" section of the "Get Books" heading.

### NLS BARD Policy

The National Library Service (NLS) has made changes in the way they manage BARD accounts. They now review accounts on a rolling 6 months. This change was made to enhance security for the BARD web site. If you get a notice that your account has been suspended, call or email a reader advisor to get your account reactivated. The reactivation process will require your password on your BARD account to be reset. To avoid this, be sure to log into your BARD account once every 6 months.

## Circadian Rhythm Disorder

Approximately 10% of the 1.3 million blind people in the United States have no light perception, which may mean their bodies do not sync to the 24-hour clock. As many as half to three-quarters of the totally blind, or approximately 65,000 to 95,000 Americans, have Non-24 Free-Running Disorder.

Non-24 can cause sleep deprivation and have long-term effects on health. Depression, anxiety disorders, lowered immune response, weight gain, fibromyalgia, diabetes and cancer may result. Work and study may suffer from an in-ability to concentrate.

Some doctors might recommend prescription drugs, light therapy and/or “sleep hygiene” habits to retrain the patient to a 24-hour cycle. But a normal sleep schedule may be difficult or impossible for some Non-24 subjects. Curious about alternative solutions? It may be helpful to focus on your natural pattern of sleep and wakefulness. Don't rely on the clock, but sleep when you're tired.

### Return of Equipment

When returning digital machines for any reason, please use the box and the repair sheet that came with the player. Please indicate on the repair sheet or on a piece of paper whether you need a replacement player or are suspending your service with the Talking Book program. If returning a machine for a relative who is deceased, please write deceased on the repair sheet as we do not usually know otherwise. This action will allow us to avoid unnecessary phone calls regarding the reason for the return of the equipment.

### Ordering Books

Our patrons often have a long list of new books they want to read after receiving the latest issue of Talking Book Topics. You can either mail the order form, email the book numbers or call the library with your order. If you are requesting books by using the title or author name, we are now limiting your request to six books per call so our reader advisors have time to assist as many patrons as possible during business hours.

## **Book Review by Liz, Talking Book Reader Advisor**

### **Promise of Dawn by Lauraine Snelling**

Lauraine Snelling produces another wonderful book about pioneer life on the frontier, but this work isn't only for loyal fans. This is everyone's story, and its message has never been more poignant than right now. *The Promise of Dawn* is a testament to the power of the human spirit, and though it may be considered historical fiction, it undoubtedly reaches through time and space to parallel modern reality.

This timeless tale is set around the turn of the 19th century. The characters, Rune Carlson, his pregnant wife, Signe, and their three sons leave their family, friends and home in Norway to seek a better life in America. Their journey is long and fraught with many difficulties. They face hunger, sickness and uncertainty, but they persevere and make their way to their aunt and uncle's farm in rural Minnesota. Their uncle promptly puts them to work clearing his land of timber, using their labor as reimbursement for the tickets he purchased to bring them to the United States. The Carlsons' relatives are unkind and unfair. Their aunt and uncle work Rune and Signe and their children to the bone, but the young family meets these challenges with honesty, loyalty and patience, drawing strength from their love for one another and the hope that someday they will be free to own their own land, build their own home, and start their new life. When Signe gives birth to a healthy baby girl, this strengthens the Carlsons' faith in God. They come to understand that He has been watching over them throughout their ordeal, and they believe in the promise that each new dawn will bring them closer to their dreams.

More than a century later, we can see ourselves in Rune and Signe. We, too, are pioneers on the way to an entirely new way of life. We are currently traversing an ocean of sickness and hunger and uncertainty in the wake of Covid-19. Social distancing separates us from family, friends and neighbors and disrupts all manner of life as we know it, yet we persevere. The miracle of technology keeps many of us connected and working and learning, but faith, hope and love are our true measures of success. These have always been the antidotes to human suffering throughout history, and like the Carlsons, these gifts we share are the promises that each new dawn will bring us closer to healing and the freedom to live our lives fully once again.



**ON THE SHELF: SPRING 2020**

CALL 1-800-843-9948 TO ORDER

**LD 00813****Dakota (Lola Wicks, #2)**

By Gwen Florio

Former foreign correspondent Lola Wicks is getting a little bored in Magpie, Montana, where she landed at a small local newspaper after being downsized from her job in Kabul. Then Judith Calf Looking, a local Blackfeet girl missing for several months, turns up dead in a snowbank with a mysterious brand on her forearm. She heads out to the oil patch to check things out, only to find herself in a place where men outnumber women a hundred to one, the law looks the other way, and life - especially her own - is cheap. Dakota shows the frightening underside of a boom-and-bust economy; of the effect on a small town when big-city money washes in, accompanied by hordes of men far from their families; of what happens when the old rules no longer apply, but the new ones are yet to be determined. Contains explicit descriptions of sex, violence, and strong language. 2014.

**LD 00814****Water Marks (Milford Mystery, #2)**

By Hadley Hoover

When an unmarked box arrived in Rick Dante's office, it delivered more than the notebook inside. It dumped a nightmare on the Milford, Iowa, chief of police. The contents of that taunting notebook point an accusatory finger straight at Chief Dante, with the brazen implication that he hasn't been doing his job. The cryptic caption on the notebook's title page says: Milford, Iowa: unsolved murders. Rick and his police force must thaw 5 cold cases in search of clues. Unless they find the perpetrator of those heinous crimes, no one will feel safe anymore in Milford - that southern gateway to the Iowa great lakes where people expect to find fun, not fear. 2012.

**LD 00815****Goodbye Mike, Hello Judge: My Journey for Justice**

By Myron H. Bright

At age 95, Federal Judge Myron bright looks back on a life that leaves a legacy of not only fighting for justice, but advocating, often as a lone voice, against injustice. Judge Bright has provided the heart for many of those rulings through his influence on the opinion-making process and speaking out with oral and written dissent. 2014.

**LD 00816****Time to Love (Quilts of Lancaster County, #1)**

By Barbara Cameron

War correspondent Jennie King thinks she's just a temporary guest in her grandmother's Amish community while she recuperates from the devastating injuries sustained in a car bomb attack that changed her world but when she meets Matthew Bontrager, the man she had a crush on as a teenager, she wonders if God has a new plan for her. Jennie has emotional and physical scars and though she feels she has come home to this man and this place, she's not sure she can bridge the difference between their worlds. 2010.

**LD 00817****Carson Wentz: Soaring with the Eagles**

By Turron Davenport

In less than two NFL seasons, Carson Wentz's impressive leadership, strong arm, and winning personality have made him the most popular eagle since a young Donovan McNabb. Now fans are provided a glimpse into Wentz's superb play early in his career, as he leads the franchise back to contention for an ever-elusive super bowl triumph. This keepsake also explores Wentz's charitable endeavors off of the field, and looks ahead to where he could one day stack up among legendary eagles' names like Jurgensen, Jaworski, Cunningham, and McNabb. 2017.



**LD 00818****The Secret Rescue: An Untold Story of American Nurses and Medics Behind Nazi Lines**

By Cate Lineberry

When 26 Army Air Forces flight nurses and medics board a military transport plane in November 1943, they never anticipate a crash landing in Nazi territory, or their ensuing months-long fight to survive. Met by battle-hardened partisans, they wander for months over rugged mountains during a severe weather in an effort of escape, facing a barrage of life-threatening incidents, including a German attack. The drama of the party captured the attention of the American public at the time, but the details of their journey remained hidden for decades. 2013.

**LD 00819****Emily's Place: A Heart Adrift Finds a Place to Dwell In This Romantic Story**

By Tracey Victoria Bateman.

Emily St. John jumps at the chance to buy the mercantile to be close to Jeremiah Daniels, who works in the store but Jeremiah had his own plans to buy the store, so that he could court Emily. The two enter a bittersweet battle when Jeremiah opens his own competing store. 2003.

**LD 00820****Walking in the Shadow of Death: The Story of a Vietnam Infantry Soldier**

By William Henderson

This is a story of a Vietnam infantry soldier who along with his second platoon survived the mountainous jungles of South Vietnam against a determined enemy. 2017.

**LD 00821****Yellow House on the Left: What Dying Young is Teaching Me about Living**

By Chelsea Berler

Chelsea Berler is a business owner, an advocate for living life on your own terms, a published author, a wellness activist, and, as of this writing, is living with cancer. Recently diagnosed with a rare, incurable form of the disease, Chelsea is fighting the good fight by raising awareness while she still has time. Strong language. 2018.

**LD 00822****Pacing Dakota**

By Thomas D. Isern

A collection of essays reflecting on the history and culture of the Great Plains of North America, speaking with the mingled voices of scholarly historian, outdoor sportsman, culinary enthusiast, lifelong Lutheran, and prairie farm boy. Historian Thomas Isern prowls prairie churches, finds forgotten artifacts, and gathers cherished stories from Williston to Wahpeton and points beyond. He situates his encounters along the way into the canon of literary and historical writing on the prairies. In the end, he speaks for a generation committed to making a good life in this place. 2018.

**LD 00823****Did You Know That ...? 47 Fascinating Stories about People Who Have Lived in North Dakota**

By Curt Ericksmoen

Tracy Potter takes an in-depth look at the boats, trade, and cultural and military relations between the United States and the native inhabitants of Dakota Territory. 2017.

**LD 00824****Hello: Everyone Has a Story**

By Shelia Kovach

During her daily walks, Sheila Kovach has gathered a lot of thoughts about her fellow walkers. Often she thinks, "What's their story?" as she passes by them and says hello. The manner in which a person responds to a greeting is quite telling. Watching a person's mannerisms, eye contact, and general facial expressions tell a passerby a lot. These forty short stories are a fictional reflection of the day-to-day stories that anyone could be experiencing as they walk the daily walk of life in this modern time in America. 2018.

**LD 00825****Secrets Pull Her Down (True North, #1)**

By Marilyn Gregoire

This series is a sequel to The Fair Viking Princess series where Anna and Alan embarked on their journey, a new adventure to see their budding business get its start. But now they play supporting roles as their friends, co-workers, and neighbors come center stage to deal with truth and learn the consequences. 2017.

**LD 00826****Northland: A 4,000-Mile Journey Along America's Forgotten Border**

By Porter Fox

America's northern border is the world's longest international boundary, yet it remains obscure even to Americans. The northern border was America's primary border for centuries -- much of the early history of the United States took place there -- and to the tens of millions who live and work near the line, the region even has its own name: the northland. Travel writer Porter Fox spent three years exploring 4,000 miles of the border between Maine and Washington, traveling by canoe, freighter, car, and foot. Here he blends the region's history with an account of his travels. 2018.

**LD 00827****Bridge to Victory: the Taking of Attu**

By Howard Handleman

This is a condensation from the book *Bridge to Victory: the Story of the Reconquest of the Aleutians* and is about the only battle of WWII fought on American soil. 1953.

**LD 00828****Operation Snowbound: Life Behind the Blizzards of 1949**

By David W. Mills

The blizzards of 1949 began in early January and continued until the end of February. The hardest hit states were Arizona, Colorado, Idaho, Kansas, Montana, Nebraska, Nevada, North Dakota, South Dakota, Utah, and Wyoming. One blizzard after another overwhelmed the region, challenging humans and animals for mere survival. David mills primarily examines the effects of the blizzard conditions in the Great Plains states of Nebraska, North Dakota, South Dakota, and Wyoming. One reason the blizzards of 1949 devastated the west was because state and federal governments had no methodical approach to deal with natural disasters. After these blizzards, authorities began to implement changes to disaster response and fundamental changes appeared in the following decades. 2018.

**LD 00829****Waiting for Otto**

By Ron Rude

In the early 1900s on the North Dakota prairies, young Selma Retzlaff Wollerman learns the ways of her Russian-German ancestry while waiting for her own life to begin. The Great Depression, a large, mixed family, a murder, cruel neighbors and World War II all threaten to destroy Selma. But with skill, humor and toughness, she does survive, dying at 101 years old, still sound of mind and spirit. Her life makes an emotional and uplifting story, especially since Selma was not a fictional character, but a real-life example of the durable immigrant women of the American prairies. 2005.

**LD 00830****Escape to Fort Abercrombie**

By Candace Simar

When fourteen-year-old Ryker Landstad discovers his father dying from an arrow wound and his mother and sister missing, he knows the Sioux are on the warpath. Ryker promises to find and rescue Mama and Elsa. He also promises to get his nine-year-old twin siblings to safety. It takes all Ryker's gumption, and a little help from angels, to reach the fort, only to discover that Fort Abercrombie is besieged by 500 warriors. Ryker refuses to give up. He has no choice. He made a promise. Some violence. 2018.

**LD 00831****A Time to Heal (Quilts Of Lancaster County, #2)**

By Barbara Cameron

Christopher Marshall is a weary and wounded ex-soldier who just wants some peace in his life. He met Jenny in the hospital and later corresponds with her. When he visits Jenny and Matthew, he envies them their happiness. Then he meets Matthew's sister, Hannah, and there's a clash of cultures and values between the former military man and the gentle, pacifist Amish woman. Yet there is also a deep attraction between them. 2011.

**LD 00832****Frank's Extra Mile: A Gentleman's Story**

By Patrick J. McCloskey

With his wife, Joandrea, Frank bought the Larson family's first bank 50 years ago on January 1, 1969, in the farming community of Oakes, North Dakota. The Larsons bought their second bank a year later in nearby Ellendale. Today, Starion has 12 locations in North Dakota and three in Wisconsin. Starion is a high performing financial institution with an asset growth rate of 22 percent over the last five years and enjoys a five-star rating from Bauerfinancial. Frank built Starion on an ethos of going the extra mile for individual customers, families, farmers, and other businesses. Frank treated clients and staff -- in fact, the entire communities his banks serve -- as family. 2018.

**LD 00833****Tia's Story**

By Judy Baer

Tia Warden's future is bright with success. Her new business partner, Brandon Ainsley, promises big things both professionally and romantically. But when Tia discovers Brandon's true character, she must face her own issues and make some hard choices. Only then does she discover that hope and healing rise from the most unexpected places. And on that journey, Tia finds strength and encouragement from her best friends. 2001.

**LD 00834****Political Cocaine: How America Got Hooked on the Two Party System and How to Intervene**

By Art Rude

How did political parties take over the American form of government anyway? There is no provision for them in the constitution, yet today they control basically all phases of the process of governing in the United States. Although nothing authorized political parties in the American form of government, the fact that they were not prohibited allowed them to develop. Unfortunately, as the elimination of political parties in the United States is extremely unlikely, a course of action is needed that will have positive results and limit the power of the existing political parties. 2018.



LD 00835

**The Factory Girls: A Kaleidoscopic Account of the Triangle Shirtwaist Factory Fire**

By Christine Seifert

The tragic Triangle Shirtwaist Factory fire in 1911 resulted in the deaths of over a hundred young people, mostly immigrant girls, who were locked in the factory. That fire signaled a turning point in American history. This book looks at the events leading up to the fire, including a close look at how fashion and the desire for consumer goods -- driven in part by the excess of the Gilded Age -- created an unsustainable culture of greed. Told from the perspective of six young women who lived the story, this book reminds us why what we buy and how we vote really matter. 2017.

## Where Are My Books?

If you ever feel like you are not receiving all your books, the following are some reasons why this may happen.

- You have reached the limit of books allowed. Remember that books in transit still count as being checked out to you.
- You have read all the books written by your favorite authors.
- You are set up as "request only" and have not given us new titles to add to your account.
- Your desired reading interest preferences are too limited.
- You have exhausted your reading interest list, and there are no longer any books available to add to your request list.

**The Talking Book Library does not endorse any particular product, but we're encouraged by new technologies which are created with accessibility in mind, and which may be useful for our patrons.**

**FREE MATTER  
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**North Dakota State Library  
Talking Books  
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Bismarck, ND 58505-0800**

**DISCOVERY**

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**SPRING 2020**

## **THANK YOU, CONTRIBUTORS!**

Donations and Memorials given to Talking Books

**Harry Tech  
Della Nawman  
Lawrence Carle**

## **TALKING BOOK CLOSURE DATES**

July 3

September 7

November 11

November 26

December 24 (closes at noon)

December 25