

2023 – 2024 Book Discussions

September 2023: *Who Moved My Cheese? An Amazing Way to Deal with Change in your Work and in your Life* by Spencer Johnson

Most people are fearful of change, both personal and professional, because they don't have any control over how or when it happens to them. Since change happens either to the individual or by the individual, Dr. Spencer Johnson, the coauthor of the multimillion bestseller *The One Minute Manager*, uses a deceptively simple story to show that when it comes to living in a rapidly changing world, what matters most is your attitude. Exploring a simple way to take the fear and anxiety out of managing the future, *Who Moved My Cheese?* can help you discover how to anticipate, acknowledge, and accept change in order to have a positive impact on your job, your relationships, and every aspect of your life.

Discussion Date: September 21, 2023 2:00 PM – 3:30 PM

Registration Deadline: August 17, 2023

October 2023 *Atomic Habits: An Easy & Proven Way to Build Good Habits & Break Bad Ones* by James Clear

Atomic Habits will reshape the way you think about progress and success and give you the tools and strategies you need to transform your habits. James Clear, one of the world's leading experts on habit formation, reveals practical strategies that will teach you exactly how to form good habits, break bad ones, and master the tiny behaviors that lead to remarkable results.

Discussion Date: October 26, 2023 2:00 PM – 3:30 PM

Registration Deadline: September 21, 2023

November 2023: *The Heartbeat of Wounded Knee: Native America from 1890 to the Present* by David Treuer

The received idea of Native American history—as promulgated by books like Dee Brown's mega-bestselling 1970 *Bury My Heart at Wounded Knee*—has been that American Indian history essentially ended with the 1890 massacre at Wounded Knee. Not only did one hundred fifty Sioux die at the hands of the U. S. Cavalry, the sense was, but Native civilization did as well. Growing up Ojibwe on a reservation in Minnesota, training as an anthropologist, and researching Native life past and present for his nonfiction and novels, David Treuer has uncovered a different narrative. Because they did not disappear—and not despite but rather because of their intense struggles to

preserve their language, their traditions, their families, and their very existence—the story of American Indians since the end of the nineteenth century to the present is one of unprecedented resourcefulness and reinvention

Discussion Date: November 16, 2023 2:00 PM - 3:30 PM

Registration Deadline: October 12, 2023

December 2023: *Leadership Secrets of Santa Claus: How to Get Big Things Done in YOUR "Workshop"...All Year Long* by Eric Harvey

In this compelling story, you will learn how Santa Claus manages team building, employees, facilities, resources, production, customer service, and more! Learn his secret to success with this fun themed management book and empower yourself and your team to produce significant results.

Discussion Date: December 14, 2023 2:00 PM - 3:30 PM

Registration Deadline: November 16, 2023

January 2024 *The Remix: How to Lead and Succeed in the Multigenerational Workplace* by Lindsey Pollak

Millennials have become the largest generation in the U.S. workforce, and Generation Z workers are right behind them. Leaders and organizations must embrace the new ways of working that appeal to the digital-first generations, while continuing to appeal to Baby Boomers and Generation X, who will likely remain in the workforce for decades to come. Within any organization, team, meeting, or marketing opportunity, you will likely find any combination of generations, each with their own attitudes, expectations, and professional styles. To lead and succeed in business today, you must adjust to how Millennials work, continue to accommodate experienced colleagues and pay attention to the next generations coming up. The Remix shows you how to adapt and win through proven strategies that serve all generations' needs. The result is a workplace that blends the best of each generation's ideas and practices to design a smarter, more inclusive work environment for everyone.

Discussion Date: January 18, 2024 2:00 PM – 3:30 PM

Registration Deadline: December 14, 2023

February 2024 The Hate U Give by Angie Thomas (Fiction Book)

Sixteen-year-old Starr Carter moves between two worlds: the poor neighborhood where she lives and the fancy suburban prep school she attends. The uneasy balance between these worlds is shattered when Starr witnesses the fatal shooting of her childhood best friend Khalil at the hands of a police officer. Khalil was unarmed. Soon afterward, his death is a national headline. Some are calling him a thug, maybe even a drug dealer and a gangbanger. Protesters are taking to the streets in Khalil's name. Some cops and the local drug lord try to intimidate Starr and her family. What everyone wants to know is: what really went down that night? And the only person alive who can answer that is Starr. But what Starr does or does not say could upend her community. It could also endanger her life.

Discussion Date: February 22, 2024 2:00 PM – 3:30 PM

Registration Deadline: January 18, 2024

March 2024 Five Dysfunctions of a Team by Patrick Lencioni

Kathryn Petersen, Decision Tech's CEO, faces the ultimate leadership crisis: Uniting a team in such disarray that it threatens to bring down the entire company. Will she succeed? Will she be fired? Will the company fail? Lencioni's utterly gripping tale serves as a timeless reminder that leadership requires as much courage as it does insight. Throughout the story, Lencioni reveals the five dysfunctions which go to the very heart of why teams even the best ones-often struggle. He outlines a powerful model and actionable steps that can be used to overcome these common hurdles and build a cohesive, effective team.

Discussion Date: March 21, 2024 2:00 PM – 3:30 PM

Registration Deadline: February 15, 2023

April 2024 The Person You Mean to Be: How Good People Fight bias by Dolly Chugh

Many of us believe in equality, diversity, and inclusion. But how do we stand up for those values in our turbulent world? The Person You Mean to Be is the smart, "semi-bold" person's guide to fighting for what you believe in. Dolly Chugh, a social psychologist and professor at the New York University Stern School of Business, reveals the surprising causes of inequality, grounded in the "psychology of good people." Using her research findings in unconscious bias as well as work across

psychology, sociology, economics, political science, and other disciplines, she offers practical tools to respectfully and effectively talk politics with family, to be a better colleague to people who don't look like you, and to avoid being a well-intentioned barrier to equality. Becoming the person we mean to be starts with a look at ourselves.

Discussion Date: April 25, 2024 2:00 PM – 3:30 PM

Registration Deadline: March 21, 2024

May 2024 Emotional Intelligence in the Workplace: How to Use EQ to Build Strong Relationships and Thrive in your Career by Mark Craemer

Emotional intelligence refers to your skill at identifying and effectively responding to what you, and the people around you, are thinking and feeling, and it's especially important in professional settings. *Emotional Intelligence in the Workplace* is your guide to developing your emotional intelligence, with actionable advice and exercises that help you make empathetic decisions, manage stress, resolve conflict, and maintain productive working relationships

Discussion Date: May 23, 2024 2:00 PM – 3:30 PM

Registration Deadline: April 25, 2024

June 2024 *Stop Decorating the Fish: Which Solutions to Ignore and Which Problems Really Matter* by Kristen Cox and Yishai Ashlag

Problem solving often overlooks one important aspect- most problems are not worth solving. *Stop Decorating the Fish* is a reader's guide on how to identify the *right* problem to solve, set an appropriate objective to solve it, and avoid the seductive solutions that won't make any impact.

Discussion Date: June 20, 2024 2:00 PM – 3:30 PM

Registration Deadline: May 23, 2024